
🗨️ HYMNS 522, 135, 169

🗨️ HOLY BIBLE

1. Eph. 4:1–6

- 1 I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called,
- 2 With all lowliness and meekness, with longsuffering, forbearing one another in love;
- 3 Endeavouring to keep the unity of the Spirit in the bond of peace.
- 4 *There is one body, and one Spirit, even as ye are called in one hope of your calling;*
- 5 One Lord, one faith, one baptism,
- 6 One God and Father of all, who *is* above all, and through all, and in you all.

2. Gen. 5:22–24

- 22 And Enoch walked with God after he begat Methuselah three hundred years, and begat sons and daughters:
- 23 And all the days of Enoch were three hundred sixty and five years:
- 24 And Enoch walked with God: and he *was* not; for God took him.

3. Deut. 32:7–12

- 7 ¶ Remember the days of old, consider the years of many generations: ask thy father, and he will shew thee; thy elders, and they will tell thee.
- 8 When the Most High divided to the nations their inheritance, when he separated the sons of Adam, he set the bounds of the people according to the number of the children of Israel.

- 9 For the LORD'S portion is his people; Jacob is the lot of his inheritance.
10 He found him in a desert land, and in the waste howling wilderness; he led him about, he instructed him, he kept him as the apple of his eye.
11 As an eagle stirreth up her nest, fluttereth over her young, spreadeth abroad her wings, taketh them, beareth them on her wings:
12 So the LORD alone did lead him, and *there was* no strange god with him.

4. Matt. 8:5–13

- 5 ¶ And when Jesus was entered into Capernaum, there came unto him a centurion, beseeching him,
6 And saying, Lord, my servant lieth at home sick of the palsy, grievously tormented.
7 And Jesus saith unto him, I will come and heal him.
8 The centurion answered and said, Lord, I am not worthy that thou shouldest come under my roof: but speak the word only, and my servant shall be healed.
9 For I am a man under authority, having soldiers under me: and I say to this *man*, Go, and he goeth; and to another, Come, and he cometh; and to my servant, Do this, and he doeth *it*.
10 When Jesus heard *it*, he marvelled, and said to them that followed, Verily I say unto you, I have not found so great faith, no, not in Israel.
11 And I say unto you, That many shall come from the east and west, and shall sit down with Abraham, and Isaac, and Jacob, in the kingdom of heaven.
12 But the children of the kingdom shall be cast out into outer darkness: there shall be weeping and gnashing of teeth.
13 And Jesus said unto the centurion, Go thy way; and as thou hast believed, so be it done unto thee. And his servant was healed in the selfsame hour.

5. Matt. 9:1–8, 20–22

- 1 And he entered into a ship, and passed over, and came into his own city.

- 2 And, behold, they brought to him a man sick of the palsy, lying on a bed: and Jesus seeing their faith said unto the sick of the palsy; Son, be of good cheer; thy sins be forgiven thee.
- 3 And, behold, certain of the scribes said within themselves, This *man* blasphemeth.
- 4 And Jesus knowing their thoughts said, Wherefore think ye evil in your hearts?
- 5 For whether is easier, to say, *Thy* sins be forgiven thee; or to say, Arise, and walk?
- 6 But that ye may know that the Son of man hath power on earth to forgive sins, (then saith he to the sick of the palsy,) Arise, take up thy bed, and go unto thine house.
- 7 And he arose, and departed to his house.
- 8 But when the multitudes saw *it*, they marvelled, and glorified God, which had given such power unto men.
- 20 ¶ And, behold, a woman, which was diseased with an issue of blood twelve years, came behind *him*, and touched the hem of his garment:
- 21 For she said within herself, If I may but touch his garment, I shall be whole.
- 22 But Jesus turned him about, and when he saw her, he said, Daughter, be of good comfort; thy faith hath made thee whole. And the woman was made whole from that hour.

SCIENCE AND HEALTH

1. SH 487:3

- 3 Life is deathless. Life is the origin and ultimate of man, never attainable through death, but gained by walking in the pathway of Truth both before and
- 6 after that which is called death. There is more Christianity in seeing and hearing spiritually than materially. There is more Science in the perpetual

Exercise
of Mind-
faculties

9 exercise of the Mind-faculties than in their loss. Lost
they cannot be, while Mind remains. The apprehension
of this gave sight to the blind and hearing to the deaf cen-
12 turies ago, and it will repeat the wonder.

2. SH 270:14–30

The prophets of old looked for something higher than
15 the systems of their times; hence their fore-
sight of the new dispensation of Truth. But
they knew not what would be the precise nature of the
18 teaching and demonstration of God, divine Mind, in His
more infinite meanings, — the demonstration which was
to destroy sin, sickness, and death, establish the definition
21 of omnipotence, and maintain the Science of Spirit.

Prophetic
ignorance

The pride of priesthood is the prince of this world. It
has nothing in Christ. Meekness and charity have divine
24 authority. Mortals think wickedly; consequently they
are wicked. They think sickly thoughts, and so become
sick. If sin makes sinners, Truth and Love alone can
27 unmake them. If a sense of disease produces suffering
and a sense of ease antidotes suffering, disease is mental,
not material. Hence the fact that the human mind alone
30 suffers, is sick, and that the divine Mind alone heals.

3. SH 271:20–12

Our Master said, “But the Comforter . . . shall
21 teach you all things.” When the Science of Christianity
appears, it will lead you into all truth. The
Sermon on the Mount is the essence of this
24 Science, and the eternal life, not the death of Jesus, is
its outcome.

New Testament
basis

Those, who are willing to leave their nets or to cast
them on the right side for Truth, have the opportunity

27 now, as aforetime, to learn and to practise
 Christian healing. The Scriptures contain it.
 30 The spiritual import of the Word imparts this power.
 But, as Paul says, “How shall they hear without a
 preacher? and how shall they preach, except they be
 1 sent?” If sent, how shall they preach, convert, and heal
 multitudes, except the people hear?

3 The spiritual sense of truth must be gained before
 Truth can be understood. This sense is assimilated only
 as we are honest, unselfish, loving, and meek.

6 In the soil of an “honest and good heart” the
 seed must be sown; else it beareth not much fruit, for the
 swinish element in human nature uproots it. Jesus said:
 9 “Ye do err, not knowing the Scriptures.” The spiritual
 sense of the Scriptures brings out the scientific sense, and
 is the new tongue referred to in the last chapter of Mark’s
 12 Gospel.

4. SH 402:16–17

You say that accidents, injuries, and
disease kill man, but this is not true.

5. SH 403:1–2, 14–20

1 So the sick through their beliefs have induced their own
diseased conditions.

You command the situation if you understand that
 15 mortal existence is a state of self-deception and not the
 truth of being. Mortal mind is constantly
 producing on mortal body the results of false
 18 opinions; and it will continue to do so, until mortal
 error is deprived of its imaginary powers by Truth,
 which sweeps away the gossamer web of mortal illusion.

6. SH 190:21

21 The Hebrew bard, swayed by mortal thoughts, thus
swept his lyre with saddening strains on human existence:

As for man, his days are as grass:

24 As a flower of the field, so he flourisheth.
For the wind passeth over it, and it is gone;
And the place thereof shall know it no more.

27 When hope rose higher in the human heart, he sang:

As for me, I will behold Thy face in righteousness:
I shall be satisfied, when I awake, with Thy likeness.

30 For with Thee is the fountain of life;
In Thy light shall we see light.

7. SH 191:1–7

1 The brain can give no idea of God's man. It can take
no cognizance of Mind. Matter is not the organ of infi-
3 nite Mind.

As mortals give up the delusion that there is more than
one Mind, more than one God, man in God's likeness will
6 appear, and this eternal man will include in that likeness
no material element.

8. SH 191:8–20

As a material, theoretical life-basis is found to be a
9 misapprehension of existence, the spiritual and divine
Principle of man dawns upon human thought,
and leads it to "where the young child was,"

12 — even to the birth of a new-old idea, to the spiritual
sense of being and of what Life includes. Thus the whole

The immortal
birth

15 earth will be transformed by Truth on its pinions of light,
chasing away the darkness of error.

18 The human thought must free itself from self-imposed
materiality and bondage. It should no longer
ask of the head, heart, or lungs: What are
man's prospects for life? Mind is not helpless. Intelli-
gence is not mute before non-intelligence.

Spiritual
freedom

9. SH 195:15–16

15 Whatever furnishes the semblance of an idea governed
by its Principle, furnishes food for thought.

10. SH 214:5

6 If Enoch's perception had been confined to the evidence
before his material senses, he could never have "walked
with God," nor been guided into the demonstration of
life eternal.

11. SH 492:7–17, 19–20, 21

9 Being is holiness, harmony, immortality. It is already
proved that a knowledge of this, even in small degree,
will uplift the physical and moral standard
of mortals, will increase longevity, will purify
and elevate character. Thus progress will finally destroy
12 all error, and bring immortality to light. We know that
a statement proved to be good must be correct. New
thoughts are constantly obtaining the floor. These two
15 contradictory theories — that matter is something, or
that all is Mind — will dispute the ground, until one is
acknowledged to be the victor.

Mind one
and all

Science says: All is
Mind and Mind's idea.

21 Matter can afford you no aid.

12. SH 4:12–26

12 The habitual struggle to be always good is unceas-
ing prayer. Its motives are made manifest in the
blessings they bring, — blessings which, even if not
15 acknowledged in audible words, attest our worthiness
to be partakers of Love.

Simply asking that we may love God will never
18 make us love Him; but the longing to be better
and holier, expressed in daily watchful-
ness and in striving to assimilate more of
21 the divine character, will mould and fashion us
anew, until we awake in His likeness. We reach the
Science of Christianity through demonstration of the
24 divine nature; but in this wicked world goodness
will “be evil spoken of,” and patience must bring
experience.

Watchfulness
requisite

13. SH 7:6

6 The relinquishment of error de-
prives material sense of its false claims.

14. SH 21:1–14

1 If Truth is overcoming error in your daily walk and
conversation, you can finally say, “I have fought a
3 good fight . . . I have kept the faith,” be-
cause you are a better man. This is having
our part in the at-one-ment with Truth and Love.

6 Christians do not continue to labor and pray, expecting
because of another’s goodness, suffering, and triumph,
that they shall reach his harmony and reward.

Moral
victory

9 If the disciple is advancing spiritually, he is striving to enter in. He constantly turns away from material sense, and looks towards the imperishable things
12 of Spirit. If honest, he will be in earnest from the start, and gain a little each day in the right direction, till at last he finishes his course with joy.

15. SH 76:6

6 When being is understood, Life will be recognized as neither material nor finite, but as infinite, — as God, universal good; and the belief that life, or
9 mind, was ever in a finite form, or good in evil, will be destroyed. Then it will be understood that Spirit never entered matter and was therefore never
12 raised from matter. When advanced to spiritual being and the understanding of God, man can no longer commune with matter; neither can he return to it, any more
15 than a tree can return to its seed. Neither will man seem to be corporeal, but he will be an individual consciousness, characterized by the divine Spirit as idea, not matter.

Real Life
is God

16. SH 167:1

1 Should we implore a corporeal God to heal the sick out of His personal volition, or should we understand the
3 infinite divine Principle which heals? If we rise no higher than blind faith, the Science of healing is not attained, and Soul-existence, in the place of sense-existence, is not com-
6 prehended. We apprehend Life in divine Science only as we live above corporeal sense and correct it. Our proportionate admission of the claims of good or of evil de-
9 termines the harmony of our existence, — our health, our longevity, and our Christianity.

17. SH 170:24

24 The age seems ready to
approach this subject, to ponder somewhat
the supremacy of Spirit, and at least to touch the hem
27 of Truth's garment.

Causation
considered

18. SH 171:4

Through discernment of the spiritual opposite of ma-
teriality, even the way through Christ, Truth, man will
6 reopen with the key of divine Science the gates
of Paradise which human beliefs have closed,
and will find himself unfallen, upright, pure, and free,
9 not needing to consult almanacs for the probabilities either
of his life or of the weather, not needing to study brain-
ology to learn how much of a man he is.

Paradise
regained

19. SH 284:21-6

21 The physical senses can obtain no proof of God. They
can neither see Spirit through the eye nor hear it through
the ear, nor can they feel, taste, or smell Spirit.
24 Even the more subtile and misnamed ma-
terial elements are beyond the cognizance
of these senses, and are known only by the effects com-
27 monly attributed to them.

Our physical
insensibility
to Spirit

According to Christian Science, the only real senses
of man are spiritual, emanating from divine Mind.
30 Thought passes from God to man, but neither sensation
nor report goes from material body to Mind. The in-
tercommunication is always from God to His idea, man.
1 Matter is not sentient and cannot be cognizant of good
or of evil, of pleasure or of pain. Man's individu-
3 ality is not material. This Science of being obtains not

alone hereafter in what men call Paradise, but here
and now; it is the great fact of being for time and
6 eternity.

20. SH 285:23–8

By interpreting God as a corporeal Saviour but not as
24 the saving Principle, or divine Love, we shall continue
to seek salvation through pardon and not
through reform, and resort to matter instead
27 of Spirit for the cure of the sick. As mortals
reach, through knowledge of Christian Science, a higher
sense, they will seek to learn, not from matter, but from
30 the divine Principle, God, how to demonstrate the Christ,
Truth, as the healing and saving power.

Salvation
is through
reform

It is essential to understand, instead of believe, what
1 relates most nearly to the happiness of being. To seek
Truth through belief in a human doctrine is not to un-
3 derstand the infinite. We must not seek the immutable
and immortal through the finite, mutable, and mortal,
and so depend upon belief instead of demonstration, for
6 this is fatal to a knowledge of Science. The understand-
ing of Truth gives full faith in Truth, and spiritual un-
derstanding is better than all burnt offerings.

21. SH 288:3, 27–7

3 The suppositional warfare between truth and error is
only the mental conflict between the evidence of the spir-
itual senses and the testimony of the material
6 senses, and this warfare between the Spirit and
flesh will settle all questions through faith in and the un-
derstanding of divine Love.

The great
conflict

Science reveals the glorious possibilities of immortal

27 man, forever unlimited by the mortal senses.
The Christ-element in the Messiah made him
30 the Way-shower, Truth and Life.

The eternal Truth destroys what mortals seem to have learned from error, and man's real existence as a child
1 of God comes to light. Truth demonstrated is eternal life. Mortal man can never rise from the temporal *débris*
3 of error, belief in sin, sickness, and death, until he learns that God is the only Life. The belief that life and sensation are in the body should be overcome by the understanding of what constitutes man as the image of God.
6 Then Spirit will have overcome the flesh.

22. SH 300:9

9 So far as the scientific statement as to man is understood, it can be proved and will bring to light the true reflection of God — the real man, or the *new* man (as
12 St. Paul has it).

HOLY BIBLE

6. Eph. 4:7–16

7 But unto every one of us is given grace according to the measure of the gift of Christ.
8 Wherefore he saith, When he ascended up on high, he led captivity captive, and gave gifts unto men.
9 (Now that he ascended, what is it but that he also descended first into the lower parts of the earth?
10 He that descended is the same also that ascended up far above all heavens, that he might fill all things.)
11 And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers;
12 For the perfecting of the saints, for the work of the ministry, for the

edifying of the body of Christ:

- 13 Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ:
- 14 That we *henceforth* be no more children, tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, *and* cunning craftiness, whereby they lie in wait to deceive;
- 15 But speaking the truth in love, may grow up into him in all things, which is the head, *even* Christ:
- 16 From whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love.